



Windmill Children's Centre News

A SureStart Children's Centre serving Adeyfield, Highfield and St.Pauls

Summer Holidays are fast approaching

With the Summer Holidays nearly upon us, we have numerous events here at the Centre to help keep the children amused through the long break. Details of these are listed below, along with events taking place away from the Centre.

There are a number of events that are suitable for children up to the age of 11 such as the **Arts & Crafts Activities** at Astley Cooper School on 29th July.

The **Nature Trail** starting and ending at Hammond School on 12th August.

A **Family Fun Day** at Holtsmere End School on 19th August and to celebrate **National Children's Centre Week**, an event will be held in the town centre on Tuesday 15th September.

All these sessions are **FREE**.

We also intend to hold a number of events in the grounds of Broadfield School weather permitting, so be sure to bring along a sun hat and sun cream. Should the weather be unkind to us on the day, we will move the events inside the Children's Centre. Those of you who attended our events during the recent heatwave will have appreciated our newly **AIR-CONDITIONED** room so, regardless of the weather, the fun will continue.

During the holiday period we will remain open, but if you intend to pop along outside of the session times listed, please ring us first to make sure somebody is here as we may not be around due to staff holidays etc.

The **Parent Support Group** now has a new time slot. It is now being held on Tuesdays from 9.15-10.30am. A **FREE** crèche will still be available.

We will also be hosting a **Getting Through The Day** course, starting Tuesday 22nd September. This runs for 5 weeks with the last session on 20th October. Details of the course contents can be found on page 2. Please ensure you book a place if you wish to attend as places are strictly limited.

Finally, don't forget to check **LINK Dacorom's** website and brochure for activities for 5 year olds and older. www.hertsextendedschools.org.uk/linkdacorum/

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Manager - Caroline



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What's on for August and September

Arts & Crafts Activities - Wed 29th July 10.00-11.30am at Astley Cooper School. Suitable for children aged 0-11 years, with their parents/carers. No need to book.

Messy Play - Mon 3rd Aug 10.00-11.30am & Weds 16th Sept 1.00-2.30pm. Come to this **FREE** session and make messy art. Better still, you don't need to worry about the mess!!

Dinky Dancers - Wed 5th Aug & Wed 2nd Sept 1.30-2.30pm. Come and watch your child's first dance moves! £2-50 per child and £1-50 for additional siblings.

HartBeeps Baby Wonderland - Thurs 6th/20th Aug, 3rd/17th Sept 10.00-10.45am. Music, singing and activity session especially for the under 1's. £2-50 per child and £1-50 for additional siblings.

Teddy Bears Picnic for Childminders from our area and their children - Thurs 6th Aug 12.00-1.30pm. The picnic will take place in the Broadfield School fields so bring a sun hat and cream. (If it rains, we will be inside).

Well Baby Clinic - Every Thurs in Aug & Sep 11.00-12.30pm. Come with your babies to have weight checks and see your local health visitors.

HartBeeps - Fri 7th/21st Aug, Fri 11th/18th Sept 10.15-11.00am. Music and singing activity session. This ever popular activity costs £2-50 per child and £1-50 for additional siblings.

SureStart



What is Coming up at Windmill Children's Centre?

All Windmill Children's Centre activities must be booked

First Steps Group - Fri 7th/14th/21st/28th Aug, 4th/11th/18th/25th Sep 11.45-1.00pm. For toddlers aged between 1 & 2. A natural follow on to our Bumps & Under 1's sessions. Come along and enjoy seeing your child engage with other children of the same age. **FREE**

Nature Trail - Weds 12th Aug 9.30-12.00pm at Hammond School. Go on a fascinating nature trail along the Nickey Line, then afterwards, make a nature collage with all the items collected. **FREE**. Starting and ending at Hammond School.

Under 1's & Parents to be Group - Thurs 13th/27th Aug, 10th/24th Sept 9.30-11.00am. Come along with your babies or bumps to meet other parents at the same stage. **FREE**.

Young Detectives Competition - Fri 14th Aug. Collect your quiz from Windmill Children's Centre between 10.00-11.00am, and return it when completed to have your finish time recorded. The fastest family to complete the quiz correctly, wins a £20 Argos voucher. **FREE**. Suitable for children up to Year 6.

Stay & Play - Tues 18th Aug 10.00-11.30am & Tues 1st Sept 1.00-2.30pm. Come to this **FREE** session and play with our toys.

Family Fun Day - Weds 19th Aug 10.00-12.30pm at Holtsmere End School, Woodhall Farm. A **FREE** event for everyone from 1-10!!!. Come and take part in a variety of activities including arts & crafts, sports and lots more! *All children must be accompanied by an adult. No booking required.*

Rhyme Time & Activities - Tues 25th Aug 10.00-11.15am & Friday 25th Sept 9.30-10.45am. Crafts with a nursery rhyme theme, bringing the rhymes to life. **FREE**.

Adult English - Weds 2nd/9th/16th/23rd & 30th Sept 9.00-12.00pm. Do you want to develop your skills in speaking English? Improve your speaking and listening? Do you want to help your children with their schoolwork? Do you want to get a speaking and listening qualification? Then phone us to book your place on this **FREE** course which is particularly aimed at adults who want to develop their skills in speaking English.

Parent Support Group - Every Tuesday from 8th Sept 9.15-10.30am. Covering subjects such as being a parent, feeding, sleeping, behaviour (including temper tantrums and aggression, crying and sibling rivalry) and separation. A free crèche is available by prior arrangement.

Yoga Bugs - Friday 4th Sept 1.30-2.00pm. For children from 2 1/2 years old. Come and watch your children enjoy a yoga session! £2.50 per child and £1.50 for additional siblings.

Walk & Weigh Group - weekly from Fri 11th Sept @ 9.15am. Come along and keep a record of your weight. Walk circuits around Adeyfield with other parents (buggies welcome) and finish with a glass of squash. **FREE**. Meet in the Children's Centre.

Monday Mon 14th Sept - 9.00-11.00am. Drop in sessions run by **The Sunflower Centre** for people suffering from domestic violence. Run by an Independent Domestic Violence Officer offering emotional and practical support for victims of domestic abuse which includes emotional, physical, verbal and/or financial abuse.

National Children's Centre week - an event being held in the town centre to celebrate. Tues 15th Sept 10.00-12.00pm. A free, fun filled event. Contact us for more details.

Getting Through the Day - Tues 22nd Sept 1.00-3.00pm for **5 weeks** finishing 20th Oct. This **FREE** course covers, routines & boundaries, understanding difficult behaviour, keeping it all going, faddy eaters & healthier options and looking after ourselves and more. Please book your place via Windmill Children's Centre. Aimed at parents with children aged 0-3. Free crèche available. **Places must be booked.**

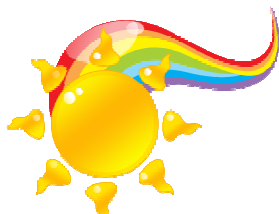
Educational Psychologist - Weds 30th Sept 1.00-3.00pm. Covering your child's education or development and aimed at the age group 0-19. These are one to one, half hour sessions and need to be booked in advance by calling the Centre.

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Jack & Jills Day Nursery
A school holiday club is being held during the holidays for 5-8 year olds from Monday to Friday. The club runs from 8.00-6.00pm and costs £40 per day or, you can book a half day session from either 8.00-1.00pm or 1.00-6.00pm at a cost of £20 per session. Meals are included
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Adeyfield Free Church Activity Fun Club
Running from 22nd to 29th July from 10.30-12.30pm.
A week of fun activities for parents/carers with their children under 12.
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St Barnabas 'Seaside Rock' Holiday Club
From 27th to 31st July and Sunday 2nd August from 9.30-12.00pm. A club for children aged 5-11 years.
The cost is £5-00 or £1-50 per day.
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DATES COMING UP
1st Oct - Baby Wonderland Under 1's
2nd Oct - 1.30-2.00pm Yoga Bugs
10.15-11.00am HartBeeps
11.45-1.00pm First Steps Group



SUMMER HOLIDAY HOURS AT WINDMILL CHILDREN'S CENTRE
The Centre may not be open at it's usual times during the holidays so, please phone us first if you intend to pop along outside of these session times.